

MeTK/CLIN/NEB/HYPERTROPHY/03/001

Effects of Nebivolol and Ramipiril on Left Ventricular Hypertrophy, Quality of Life and Blood Pressure in patients with mild to moderate hypertension associated to Left Ventricular Hypertropy

This study has completed the enrolment of patients

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Intervention: NEBIVOLOL 5 MG/DIE, RAMIPRIL 5 MG/DIE

Condition: MILD TO MODERATE HYPERTENSION AND LEFT VENTRICULAR HYPERTROPHY ASSESSED BY ECHOCARDIOGRAPHIC MEASUREMENTS

Study type & design: PARALLEL GROUPS, DOUBLE BLIND, RANDOMIZED, PHASE IV
Main criteria for inclusion: Male or female 35-65 years old with mild to moderate hypertension (SBP > 140 mmHg, DBP > 90 < 115 mmHg) and LV Hypertrophy echocardiographically assessed

Main criteria for exclusion: Signs of presence unstable angina pectoris History of Myocardial Infarction, stroke or TIA Significant cardiac valve disease Clinically significant rhythm disorders Congestive Heart Failure Stenosis of the aorta Bradycardia defined as heart rate < 50 bpm, atrio-ventricular block Bronchial asthma sensitive to beta agonists Severe hypertension defined as: SBP > 200 mmHg and/or DBP > 115 mmHg